

## **Western Instructor Lesson Plan Topics – Approved List**

### **The following Topics may be used for the Western Instructor Unmounted Lesson**

- Fitting of helmets and safe riding attire
- Grooming Procedure
- Tack cleaning
- Proper leading and turning of horse
- Bridling – proper fitting and technique
- Saddling – proper fitting and technique, including cinch and breastcollar
- Fire safety procedures
- Hoof Care
- Tying a Horse

### **The following Topics may be used for the Western Instructor Mounted Lesson**

- Introducing the Walk
- Introducing the Jog
- Introducing the Lope
- Mounting/Dismounting Safely
- Speed Control
- Position
- Stop
- Back up
- Circling
- Rein Effects - open rein, direct rein, neck rein, rein of opposition
- Change of direction
- Eye control
- Posting Trot
- Correct Diagonals
- Identifying leads at the lope
- Turn on the forehand
- Turn on the haunches  
Figure 8
- Simple change of lead (through jog or walk)

**\*Use of games and props is encouraged\***