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**Flat Topics**

**IMPROVE:**

1. Progressive transitions
2. Riding a horse on contact between leg & hand
3. Change of lead through trot
4. Lengthen stride at the trot
5. Lengthen stride at the canter
6. A 3-loop serpentine
7. Leg-yield
8. The horse's lateral suppleness
9. 15m circles

**Flat Topics**

**IMPROVE:**

1. Riding a line of two fences with a related distance
2. Riding a turn to a fence on the diagonal
3. Riding a combination (1 or 2 non-jumping strides)
4. Eye & stride control at canter over poles.
5. Riding a gymnastic of three or more elements using a crest release
6. Riding a single oxer on the diagonal