



DRESSAGE NEW BRUNSWICK

Long Term Equestrian Development 2019 Dressage

Again this year, the NBEA presents the Long Term Equestrian Development Program. With support from Dressage NB, the 2019 LTED Program will help our current dressage riders pursue excellence and new riders experience dressage competition for the first time.

LTED Program Goals:

- Recruit riders new to the sport
- Improve performance and rider progress along the LTED pathway
- Promote Rider Level advancement (jumping not required)
- Encourage use of certified coaches appropriate to stage of development/learning
- Foster professional development and mentoring among instructors and coaches
- Increase number of riders at DNB Gold shows and DNB Series Finale
- Field two full Travelling Teams from Tier 2 that will compete in a prestigious dressage competition outside the Atlantic provinces

Tier 1 – Development:

- Riders new to dressage or competition but committed to regular training and being introduced to dressage competitions in NB.
- Open to Introductory and Training Level, Western Dressage riders also welcome.
- *4 riders*

Registration fee \$60

Riders will

- Take at least 8 lessons with the NCCP current, certified, and insured instructor or coach of the rider's choice and keep a training log.
- Take at least 1 lesson with dressage Competition Coach Specialist Donna McInnis or Competition Coach Erin MacQuarrie
- attend at least one DNB Bronze or Gold Competition – Intro or Training level, western dressage any level
- have or obtain at least English Rider Level 3 (jumping optional) or western Rider Level 2
- participate in NBEA LTED sport science seminar

In return, rider will receive a reimbursement of \$250 worth of lesson costs at the end of the program.

Notes:

- reimbursement is dependant on completion of program requirements
- reimbursement form submission by Oct. 14 is the responsibility of rider
- two warm ups at sanctioned competition may count as one lesson
- cross training strongly encouraged
- you can find a competitions calendar at www.dressagenb.com

Requirements for Tier 1 participants:

Memberships:

- EC Bronze or Gold Sport License (depending on level of show)
- NBEA
- DNB
- Horse Recording if competing Gold

Veterinary proof of vaccinations (flu, rhino, strangles) and 2019 Coggins

LTED selection criteria – Tier 1:

Preference will be given to riders new to the sport of dressage or new to DNB competition.

Tier 2 - Competitive

- Riders with dressage experience aiming to improve scores, advance level, and deliver performance results, with the goal of selection to the Traveling Team.
- Training, First, and Second Level riders
- *8-12 riders*

Registration fee \$100

Riders will:

- Demonstrate participation in a regular lesson program, including at least 8 lessons with an NCCP current, certified, and insured Competition Coach or higher by keeping a training log
- In addition, take a **MINIMUM** of 8 lessons with a Competition Coach Specialist/LTED Team Coach Erin MacQuarrie or Donna McInnis. This is a total of 16 lessons over the course of the program.
- have or obtain English Rider levels by October 14th, 2019
 - Training level Riders: at least Rider Level 5
 - First Level+ riders: at least Rider Level 6
- participate in NBEA LTED sport science seminar

- Must compete in a minimum 2 DNB Gold competitions and DNB Series Championships

In return, rider will receive a reimbursement of \$600 worth of lesson costs at the end of the program.

Eight riders will be selected from the Tier 2 participants to form a Travelling Team and attend an EC Gold dressage competition in Quebec or Ontario in late August. Two teams of four will be formed (Training Level and First Level). Second level riders could potentially be included if the other teams are not full.

Notes:

- reimbursement is dependant on completion of program requirements
- reimbursement form submission by Oct. 14 is the responsibility of rider
- two warm ups at sanctioned competition may count as one lesson – New Brunswick competitions only
- cross training strongly encouraged
- you can find a competitions calendar at www.dressagenb.com

LTED selection criteria – Tier 2:

Preference will be given to riders at Training, First, and Second Level in the interest of creating a strong Travelling Team. All levels are welcome to apply.

NB Travelling Team selection:

Selection from among Tier 2 riders is based on willingness to learn and adherence to LTED program guidelines, participation in the EC Learn to Ride Rider levels, and performance results.

- Participant in LTED program:
 - Sport Science Seminar
 - Lessons completed
- EC Rider Level according to dressage level
- Highest average 2 scores from Gold Shows

Declaration of intent for Travelling Team to be submitted with LTED lesson log, scores, and proof of Rider Level. Additional information about the declaration and selection process will be published during the season, including declaration forms and deadlines.

Requirements for all Tier 2 participants:

- Memberships: EC Gold Sport License, NBEA, DNB
- EC Horse Recording
- Veterinary proof of: vaccinations (flu, rhino, strangles) and 2019 Coggins
- Minimum EC Rider Level requirement completed by October 14, 2019
 - Training Level riders: Rider Level 5 (jumping optional)
 - First Level+ riders: Rider Level 6 (jumping optional)

Coach Development:

The NBEA is invested in fostering certified instructors and coaches throughout the province and providing valuable mentoring opportunities to advance coaching skills. Embracing a culture of mentoring and constant improvement allows coaches to better serve their riders with new perspectives, skills, and exercises.

Instructors and Competition Coaches are strongly encouraged to use the LTED program as a free opportunity to mentor with the Team Coaches as they work with familiar athletes. Consistent mentoring throughout LTED will earn PD points.

Coach information:

Reimbursement is only provided if coaches or instructors used in this program are certified and current. Instructors/coaches must be prepared to provide proof of liability insurance coverage to the NBEA. It is the riders' responsibility to verify their coach or instructor's status by checking the NBEA list.

A complete list of current certified coaches and their level of certification can be found at <https://nbea.ca/Directories-Certified-Coaches-Directory>