



COACHING PROGRAM PROFESSIONAL DEVELOPMENT ACTIVITY GUIDE

Activity	Activity Category	Points	Limitations
First Aid/CPR Renewal in person (online renewal is not eligible for updating hours)	Multi-Sport Non-NCCP Activity	2 points	No points for online renewal
Active Coaching	Sport Specific NonNCCP Activity	1 point/year	1 point annually
Human Athlete Development (Category 1)			
Clinics (Participating): Human Athlete Sports Psychology, Kinesiology, Sport Nutrition, Conditioning and Fitness	Sport Specific Non-NCCP Activity	1 point/hour	With a 3 point maximum per activity Maximum upgrading points per category is <u>6</u>
Clinics (Interactive auditing): clinic or workshop with direct interaction with clinician (sports psychology, biomechanics, kinesiology, sports nutrition, etc.)			
Courses (may be online if approved) Human Athlete Sport Psychology, Kinesiology, Sports Nutrition, conditioning and fitness, coaching/leadership, etc.			
Personal athletic development (Riding/Driving lessons)			
Personal athletic development (must be coached like personal training, yoga, cross training sport, etc.)	Multi-Sport Non-NCCP Activity	1 point/3 hours	



HENRY EQUESTRIAN
INSURANCE BROKERS LTD.



NBEA - AÉNB

COACHING PROGRAM

PROFESSIONAL DEVELOPMENT ACTIVITY GUIDE

Equine Development (Category 2)			
Equine nutrition biomechanics, other equine physiology/sport science	Sport Specific NonNCCP Activity	1 point/hour	With a 3 point maximum per activity
Equine online accredited courses (ex: University, College, Department of Agriculture “recognized” equine institutions)			Maximum upgrading points per category is <u>6</u>
Equine Theory courses taught by a certified coach or Subject Matter Expert (subject to approval by Equestrian Canada)			
Equine health workshops: Farrier, massage, chiropractic and other professional presentations and workshops			
Coaching Skill Development: NCCP (Category 3)			
NCCP multi-sport courses/tasks: general multi-port courses	Multi-Sport NCCP Activity	5 points/module or evaluation	Maximum upgrading points is <u>10</u>
NCCP equestrian courses: Equestrian Theory, Competition Coach workshop, High Performance training, etc.	Sport Specific NCCP Activity		Maximum upgrading points is <u>10</u>
Courses/workshops on teaching and coaching techniques (opposed to horse training). Coaching techniques must be specifically emphasized. In person participation only, no online training will be credited	Multi-Sport Non-NCCP Activity	1 point/hour	With a 3 point maximum per activity



COACHING PROGRAM PROFESSIONAL DEVELOPMENT ACTIVITY GUIDE

Broad Sport Development (Category 4)			
Judges and Officials course designer clinics	Sport Specific NonNCCP Activity	1 point/hour	With a 3 point maximum per activity
Clinics in other F.E.I. equine disciplines (ex: Reining, Vaulting, Endurance, Dressage, etc.)			Maximum upgrading points per category is <u>6</u>
Non-F.E.I. discipline and alternative training clinics			
Volunteering (Must be Equine/Equestrian related) (Category 5)			
Volunteering in a capacity that provides a new learning environment for you (ParaEquestrian, 4H, Pony Club, Therapeutic Riding, Youth Groups, Senior Groups, etc.)	Sport Specific NonNCCP Activity	1 point/hour	With a 3 point maximum per activity
Leadership Activities			Maximum upgrading points per category is <u>6</u>
Acting as a Mentor Coach			
Equine/Equestrian Services (Category 6)			
Scribing, judging or other officiating at an Equestrian Canada Sanctioned or International Driving Shows	Sport Specific NonNCCP Activity	1 point/hour	With a 3 point maximum per activity
Rider Level Evaluator			Maximum upgrading points per category is <u>3</u>
Acting as a Mentor Coach			



**COACHING PROGRAM
PROFESSIONAL DEVELOPMENT ACTIVITY GUIDE**

National, Provincial/Territorial Symposia (Category 7)			
Equestrian Canada Symposium/attending EC Convention as a Delegate, Provincial/Territorial symposia or update	Sport Specific NonNCCP Activity	1 point/hour	With a 3 point maximum per activity
Canadian Sport for Life/Coaching Association of Canada: LTED training, conference, workshops (ex: Sport Leadership, CS4L National Conference)	Multi-Sport Non-NCCP Activity		Maximum upgrading points per category is <u>18</u>