

## PROFESSIONAL DEVELOPMENT ACTIVITIES GUIDE

Activity	Activity Category	Points	Limitations
First Aid/CPR Renewal in person (online renewal is not eligible for updating hours)	Multi-Sport Non-NCCP Activity	2 points	No points for online renewal
Active Coaching	Sport Specific Non-NCCP Activity	1 point/year	1 point annually
<b>Human Athlete Development (Category 1)</b>			
Clinics (Participating): Human Athlete Sports Psychology, Kinesiology, Sport Nutrition, Conditioning and Fitness	Sport Specific Non-NCCP Activity	1 point/hour	With a 3 point maximum per activity  Maximum upgrading points per category is <u>6</u>
Clinics (Interactive auditing): clinic or workshop with direct interaction with clinician (sports psychology, biomechanics, kinesiology, sports nutrition, etc.)			
Courses (may be online if approved) Human Athlete Sport Psychology, Kinesiology, Sports Nutrition, conditioning and fitness, coaching/leadership, etc.			
Personal athletic development (Riding/Driving lessons)			
Personal athletic development (must be coached like personal training, yoga, cross training sport, etc.)	Multi-Sport Non-NCCP Activity	1 point/3 hours	
<b>Equine Development (Category 2)</b>			
Equine nutrition biomechanics, other equine physiology/sport science	Sport Specific Non-NCCP Activity	1 point/hour	With a 3 point maximum per activity

Equine online accredited courses (ex: University, College, Department of Agriculture “recognized” equine institutions)			Maximum upgrading points per category is <u>6</u>
Equine Theory courses taught by a certified coach or Subject Matter Expert (subject to approval by Equestrian Canada)			
Equine health workshops: Farrier, massage, chiropractic and other professional presentations and workshops			
<b>Coaching Skill Development: NCCP (Category 3)</b>			
NCCP multi-sport courses/tasks: general multi-port courses	Multi-Sport NCCP Activity	5 points/module or evaluation	Maximum upgrading points is <u>10</u>
NCCP equestrian courses: Equestrian Theory, Competition Coach workshop, High Performance training, etc.	Sport Specific NCCP Activity		Maximum upgrading points is <u>10</u>
Courses/workshops on teaching and coaching techniques (opposed to horse training). Coaching techniques must be specifically emphasized. In person participation only, no online training will be credited	Multi-Sport Non-NCCP Activity	1 point/hour	With a 3 point maximum per activity
<b>Broad Sport Development (Category 4)</b>			
Judges and Officials course designer clinics	Sport Specific Non-NCCP Activity	1 point/hour	With a 3 point maximum per activity
Clinics in other F.E.I. equine disciplines (ex: Reining, Vaulting, Endurance, Dressage, etc.)			Maximum upgrading points per category is <u>6</u>
Non-F.E.I. discipline and alternative training clinics			

<b>Volunteering (Must be Equine/Equestrian related) (Category 5)</b>			
Volunteering in a capacity that provides a new learning environment for you (Para-Equestrian, 4H, Pony Club, Therapeutic Riding, Youth Groups, Senior Groups, etc.)	Sport Specific Non-NCCP Activity	1 point/hour	With a 3 point maximum per activity  Maximum upgrading points per category is <u>6</u>
Leadership Activities			
Acting as a Mentor Coach			
<b>Equine/Equestrian Services (Category 6)</b>			
Scribing, judging or other officiating at an Equestrian Canada Sanctioned or International Driving Shows	Sport Specific Non-NCCP Activity	1 point/hour	With a 3 point maximum per activity  Maximum upgrading points per category is <u>3</u>
Rider Level Evaluator			
Acting as a Mentor Coach			
<b>National, Provincial/Territorial Symposia (Category 7)</b>			
Equestrian Canada Symposium/attending EC Convention as a Delegate, Provincial/Territorial symposia or update	Sport Specific Non-NCCP Activity	1 point/hour	With a 3 point maximum per activity  Maximum upgrading points per category is <u>18</u>
Canadian Sport for Life/Coaching Association of Canada: LTED training, conference, workshops (ex: Sport Leadership, CS4L National Conference)	Multi-Sport Non-NCCP Activity		