



COACHING PROGRAM

DRIVING INSTRUCTOR LESSON TOPICS

Ground Lesson Topics

- Grooming Procedure
- Leading the Horse
- Securing the horse
- Grooming
- Safety in the arena and exercise areas
- Parts of the Horse / Conformation
- Locations of Lameness & Unsoundness
- Hooves and Legs
- Lungeing and Leg Protection
- Double Lungeing
- Double Lungeing over Poles
- Harnessing the Horse
- Checking Harness for Wear / Tear
- Ground Driving
- Putting to
- The Walk and the Halt
- The Trot and Transitions
- The Reinback
- Driving Circles
- Show Grooming and Preparation
- Trailering

Driving Lesson Topics

- Correct driver position on the vehicle
- Use of aids for halt, walk and trot (to include voice, rein and whip aids)
- Basic maneuvers in the arena (driving straight lines, corners, changes of rein through the diagonal)
- Driving circles (including circles, figure eights, serpentine)
- Progressive and non-progressive transitions
- Developing the lengthened walk and trot, and free walk on a loose rein
- Reinback
- Introduction to obstacles (cones)