



The National Coaching Certification Program

The NBEA invites you to join Victoria Andrew (Ontario Master Facilitator and Certified Coach) for this Equestrian Specific Training Workshop (three modules). The three equestrian specific modules that make up this workshop are:

- Designing an Equestrian Sport Program (yearly training plans) – **This is recommended for Coach 2s wishing to transfer to Competition Coach Specialist and must submit a Yearly Training Plan as part of the transfer requirements,**
- Managing an Equestrian Sport Program, and
- Training Mental Skills for Equestrian Sport.

This interactive workshop is a highly recommended training opportunity for those individuals interested in becoming certified in the contexts of Competition Coach, Competition Coach Specialist or High Performance Coach as it provides information directly related to the evaluation process for those coaching context evaluations.

Open to those who are interested in the information for their own knowledge or those who are coaching competitive students. Athletes will benefit from the information as well as coaches/coach candidates. The Designing an Equestrian Sport Program and Managing an Equestrian Sport Program includes information on developing Yearly Training Plans including competition and training events, comparing the program to the long-term equestrian development, sample programs and identifying training priorities and objectives at certain periods, establishing your program's training objectives and the content of practice sessions.

It is helpful for those coaching beginner to advanced competitive students. The Training Mental Skills for Equestrian Sport includes information on recognizing signs that indicate an athlete may need to improve his/her goal setting, focus and anxiety control skills and develop tools to help the athlete make improvement in these areas. It also includes activities that help athletes improve basic mental skills. The Managing a Sport Program will allow you to share ideas and experiences with other coaches of all levels. This module will help you to focus on your personal coaching philosophy and develop your own mission or vision statement for your coaching activities.

WHEN:

Full workshop: March 5 – 6 from 9am-5pm

Designing an Equestrian Sport Program (yearly training plans) – Saturday, March 5 – 9am-5pm

Managing an Equestrian Sport Program – Sunday, March 6 – 9am-12:30pm

Training Mental Skills for Equestrian Sport – Sunday, March 6 – 1:30pm-5pm

WHERE: Fredericton Area

REGISTRATION FEES: (Please indicate clearly on this form which modules you wish to attend)

For NBEA Members or members of another province on or before February 19, 2016:

One of the Sunday modules - \$80 ___ Design an Equestrian Sport Module - \$100 ___
Any two modules - \$160 ___ All three modules - \$200 ___

OR for NBEA members or members of another province on or after February 19, 2016

One of the Sunday modules - \$90 ___ Design an Equestrian Sport Module - \$110 ___
Any two modules - \$170 ___ All three modules - \$210 ___

For non- NBEA Members on or before February 19, 2016:

One of the Sunday modules - \$90 ___ Design an Equestrian Sport Module - \$110 ___
Any two modules - \$170 ___ All three modules - \$210 ___

OR for NBEA members on or after February 19, 2016:

One of the Sunday modules - \$100 ___ Design an Equestrian Sport Module - \$120 ___
Any two modules - \$180 ___ All three modules - \$220 ___

NOTE: NO REFUNDS

NBEA reserves the right to postpone the clinic if there are insufficient participants to hold training.

Name: _____ Phone: _____

Address: _____ Birth Date: _____

CAC: _____ NBEA/PSO: _____ email: _____

Course Registration Fee \$ _____

Credit Card Payment Administration Fee (\$3.00) \$ _____

Total Submitted: \$ _____

Cheques or Money Orders Made Payable to: NBEA

Visa, Master Card, American Express

Name of Cardholder: _____ Card # _____ 3 digit security # _____

Expiry Date: _____ Cardholders Signature: _____

Mail To: Nicole Beaulieu c/o NBEA, 900 Hanwell Road, Suite 13, Fredericton, NB, E3B 6A2
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