



2018 Long Term Equestrian Development Plan New Brunswick Dressage

The purpose of this year's plan is to develop and improve the riding and training skills of a core group of lower level dressage riders. The program includes the selection of two teams of 4 horse/rider combinations who will represent New Brunswick at the Atlantic Canadian Equestrian Championships late in the summer.

Each rider's regular coach will be invited to attend lessons and training sessions to mentor with the Team Coaches and participate in developing a training plan for the rider for between LTED sessions and for afterwards. Other NCCP certified coaches are invited to audit lessons and training sessions.

A maximum of 12 riders will be accepted from LTED Rider applications. Riders may be working and training at any level, but first priority will go to riders schooling/showing at Training or First level, as these will populate the Team.

The program will consist of three phases: The Development Phase will include up to 12 riders of any level. The Selection Phase will narrow the group with selection criteria to the two teams of 4 riders heading to the ACE Championships. The final phase will bring the team together prepare the Championships.

Team Coaches: Donna McInnis & Erin MacQuarrie

ACE Championships Teams: 4 Training Level horse/rider combination
: 4 First Level horse/rider combinations

Criteria for Riders:

- Be a current NBEA member and Dressage NB
- Have a current EC sport licence
- Own, lease, or have the use of a horse appropriate to the level with a current EC horse recording. (Horse substitutions may be permitted with consultation with the Team coaches).
- Horses will require inoculations for flu/rhino/tetanus and strangles, as well as a Coggins test. Check with the requirements of each competition – they may differ.
- Be able and willing to arrange travel for lessons, qualifying competitions, camps, and the ACE Championships. Team Coaches can help with logistics.
- Be willing to compete in at least 2 sanctioned competitions in order to acquire scores toward Team selection
- Attend at least one unmounted equestrian Sports Science seminar.
- Have, or be willing to attain, at least Equestrian Canada Rider Level 4. Rider Level testing can occur within the scope of the Development Phase lessons.

**Training lessons and sport science sessions - cost to Participants: \$600.⁰⁰.
This can be remitted in 3 payments of \$200.⁰⁰ – June 1st, July 1st, August 1st.**

Development Phase:

- Up to 12 riders will be selected from submitted applications
- Participants will ride twice per week for 8 weeks, or 16 sessions, with either or both Team Coaches
- Riders' personal coaches are encouraged to attend, observe, and work with the Team Coaches.
- Team Coaches will travel to participants for lessons where logistically possible
- EC Rider Level testing can be done within the lessons. All riders must have at least a Rider 4 in order to compete at ACE Champs

Team Selection Phase

- If numbers of participants warrant, eight ACE Championships Team members will be selected.
- Selection criteria:
 - ✓ Highest average of 2 scores from EC Gold dressage competitions
 - ✓ Attendance at sport science seminar
 - ✓ Completion of Development Phase lessons
 - ✓ Rider Level 4 or higher
- Four horse/rider combinations will be selected at Training level; four will be selected at First level.

ACE Championships Preparation Phase

The selected Team members will assemble for a one-day workshop with both Team Coaches. The group will determine the location together. The workshop will include:

- ✓ Test riding practice
- ✓ Sports Science seminar
- ✓ Creation of strategy plan for the ACE Championships