



2017 NBEA LTED Jumping Program

The goal of the 2017 LTED Jumping Program is to develop skills of riders and their horses. Each horse/rider combination will work to achieve a specific goal. This may include moving up a jumping division, staying in the same division and becoming more consistent in their performance, or moving up in Rider Levels. Lessons will be designed to address the horse and rider's areas of weakness and create a program to help them move up a level.

There are 3 tiers of participation, determined by the goals and commitment level of the rider. This is an 8 week program with different levels of participation, payment and funding. All lessons will be private and one-on-one training sessions with horses will be included in the 2nd and 3rd levels of the program. All participants must be NBEA members and have a horse or pony available for the program. Some travel will be required to other venues for training and practice "off-site".

There is an expectation that LTED participants will compete in at least 3 sanctioned competitions in New Brunswick. In order to ensure continued development between LTED lessons, riders' coaches are encouraged to attend lessons and training sessions. Certified coaches are welcome to audit any LTED lessons, regardless of whether they have a rider participating or not.

Three Training Camps will be offered to all program participants. The training camps will focus on designing a monthly training and show plan, mental preparation for competition, identifying horse lameness with vet and farrier, and fitness and nutrition for the rider.

Training Camp #1 will be held Sunday, April 30th at Geary Hill Stables – clinician Carol Mulholland (see profile attached). Steps will begin on setting up the rider's training program from May until October 2017. Training and competition plan will be broken down by week. Riders will go through a fitness test to collect data on their level of fitness at the beginning of the program. This information will be reevaluated in August/September.

Training Camp #2 will be in early June, fitness and training program will be reviewed. This camp will include a lecture on identifying early lameness and injury prevention as we move into a busy show schedule.

Training Camp #3 – date to be determined

Dates and Locations: 2017 Jumping Program will be held from May 1st – June 30th. Lessons will May 1st and individual lessons will be penciled in for 8 weeks. Lessons and training will be available in Fredericton, Saint John and Moncton, determined by the number of applicants in each area. Some travel will be required by riders with their horses for lessons and training. The location and dates will be scheduled once applications are received.

Team Coaches

Deanna Phelan, High Performance Coach

Valerie Phelan, Competition Coach Specialist

Level 1:

Registration fee: \$400

Includes:

1. 8 one hour private lessons (\$400)
2. 3 training camp days

Must have a minimum of English Rider 1 at the start of the program – and complete Rider 4 by September 30, 2017.

Riders must be able to demonstrate, at a minimum: walk, trot, canter; trot work without stirrups; rider level 4 flat test, trotting poles, jump gymnastic, trot line of 2 jumps.

Level 2:

Registration Fee: \$400

Includes:

1. 8 one hour private lessons (\$400)
2. 8 one hour horse training sessions (\$400 funded by NBEA)
3. 3 training camp days

Must have a minimum of English Rider 1 at the start of the program – and complete Rider 4 by September 30, 2017.

Level 3:

Registration Fee: \$600 - \$300 due April 10th and \$300 due June 1st.

Includes:

1. 3 private lessons or training sessions per week for 8 weeks – rider pays \$600 and NBEA pays \$600
2. 3 training camp days

Must have a minimum of English Rider 1 at the start of the program – and complete Rider 4 by September 30, 2017.

Registration Forms and Fees must be submitted to NBEA by April 10th.

Biosecurity: All participating horses must have proof of vaccinations (flu, rhino, strangles) and Coggins test valid for 2017.

Refunds: May be provided on submission of a veterinary certificate or doctor's note. The refund will be based on how many training camps remain.

If you have any questions, please contact deannaphelan@gmail.com or (506) 461-1649.

Please note: NBEA is currently working with NSEF and Horse Council PEI in organizing an Atlantic Canada Equestrian Championship and jumping will be represented with two levels 1.0 and 1.10. ***Two teams of 4 riders will be chosen to represent NB and the jumping phase will be happening Oct 7-8 in Sussex.*** If you are interested in representing NB at the Atlantic Championships you should be thinking about signing up for one of the three LTED programs.

More details on the Championship should be available by April 1st.

Training Camp Clinician – Carol Mulholland

Credentials:

- Master Coach Learning Facilitator
- former National Team Coach - Racquetball Canada
- World Champion – Racquetball
- High Performance Coach - various sports
- 2 time Coach of the Year for NB
- 2 Time Coach of the Year - Racquetball Canada
- Former National Champion –Racquetball
- Former Provincial Champion – Racquetball
- Attended Canada Games as Athlete, Coach, Manager and Mission Staff
- Competed at World Wheelchair Games in Stoke Mandeville England
- Currently present high performance training and seminars on various topics - Mental Preparation, Goal Setting, Seasonal planning, Athletic Training