

POSSIBLE TEACHING TOPICS INSTRUCTOR OF BEGINNERS

Unmounted Lesson Topics

- Fitting of helmets and safe riding attire
- Grooming Procedure
- Tack Cleaning
- Proper leading and turning of the horse
- Bridling - Proper fitting and technique
- Saddling - Proper technique and fitting, including girth and breastplate
- Fire Safety - Procedure
- Fire Safety - General
- Foot Care
- Tying a horse properly in the stall
- Blanketing and unblanketing a horse
- Fitting martingales

Mounted Lesson Topics

- Exercises at the walk to teach steering and control
- The posting trot
- The canter
- A turn
- A circle
- Changing the rein
- Identifying the correct posting diagonal & changing the posting diagonal
- Exercises to practice eye control
- Identifying the correct canter lead and how to correct the lead
- Changing the leading file
- 3-point position at walk & trot
- 2-point position at walk & trot
- Sitting trot

Optional Jumping Module

- Exercises over poles to teach the mane release
- The 2-point position throughout a simple gymnastic
- Control of trot and straightness on the approach to an "x" and departure from the "x" at the canter
- Riding a line with a trot approach to the first element
- Canter the approach to a single fence
- A course of cross-rails

COMPETITION COACH

<u>English Competition Coach Flat Topics</u>	<u>English Competition Coach Jumping Topics</u>
<p>IMPROVE:</p> <ol style="list-style-type: none"> 1. Progressive transitions 2. Riding a horse on contact between leg & hand 3. Change of lead through trot 4. Lengthen stride at the trot 5. Lengthen stride at the canter 6. A 3-loop serpentine 7. Leg-yield 8. The horse's lateral suppleness 9. 15m circles 	<p>IMPROVE:</p> <ol style="list-style-type: none"> 1. Riding a line of two fences with a related distance 2. Riding a turn to a fence on the diagonal 3. Riding a combination (1 or 2 non-jumping strides) 4. Stride control – Example: add a stride in a 4 stride line in canter. 5. Riding a gymnastic of three or more elements using a crest release 6. Riding a single oxer on the diagonal

POSSIBLE TEACHING TOPICS COMPETITION COACH SPECIALIST

English Competition Coach – Specialist <u>Flat Topics</u>	English Competition Coach – Specialist <u>Jumping Topics</u>
<ol style="list-style-type: none"> 1. Rein back 2. Counter canter 3. The horse's engagement & collection at trot and/or canter 4. Non-progressive transitions (Canter to walk/walk to canter/trot to halt/halt to trot) 5. Medium canter 6. Shoulder-in 7. Half halt 8. 10m circles 9. Travers 10. Renvers 11. ½ turn on the haunches 	<ol style="list-style-type: none"> 1. Riding a line of two fences set as a broken line 2. Riding a line with optional striding, i.e. ride 60' line in 5 or 4 3. Picking up the correct lead over a fence 4. An automatic or out of hand release 5. Jumping fences on an angle 6. Adding a stride on a line 7. Riding a line vertical to oxer & oxer to vertical 8. Riding a roll back turn to a fence 9. A horse's jumping form through a gymnastic 10. Canter on an oxer off a long approach
<p>Competition Coach – Specialist <u>Eventing Topics</u></p>	

**POSSIBLE TEACHING TOPICS
WESTERN INSTRUCTOR OF BEGINNERS**

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| <ul style="list-style-type: none"> . Introducing the walk . Introducing the jog . Introducing the lope . Mounting/dismounting safety . Speed control . Body position . Stop . Back up . Circling . Rein effects <ul style="list-style-type: none"> 1) Open rein | <ul style="list-style-type: none"> 2) Direct rein 3) Indirect rein 4) Rein of opposition . Introducing leg yielding . Posting trot . Correct diagonals . Identifying leads at the lope . Introducing turn on the forehand . Introducing turn on the haunches . Figure 8 |
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UNMOUNTED LESSON TOPICS

- . Grooming procedure
- . Basic horse handling
- . Bridling-proper fitting and technique
- . Saddling-proper fitting and technique
- . Hoof care
- . Tying a horse
- Bandaging (stable, shipping, or tail)

**POSSIBLE TEACHING TOPICS
WESTERN COMPETITION COACH**

Rail Topics	Basic Training Topics
IMPROVE/DEVELOP: 1. Speed control (pace control) 2. Collection 3. Upward & downward transitions 4. Rider position 5. Progressive & non-progressive transitions 6. Spacing in a group 7. Stop 8. Back up	IMPROVE/DEVELOP: 1. Turn on the haunches 2. Turn on the forehand 3. Circles – large fast, slow small 4. Side-pass 5. Two track at the jog 6. Simple lead change through jog 7. Stop 8. Back up 9. Upward/downward, progressive/non-progressive transitions